

## Ontario Helping Seniors Stay Healthy and Independent

Province investing in historic number of community programs and active living centres to support healthy and socially connected living

June 17, 2025

[Seniors and Accessibility](#)

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TORONTO — The Ontario government is investing nearly \$7 million to protect seniors and older adults by supporting over 330 community projects that help them to stay fit, active, healthy and socially connected. The Seniors Community Grant Program (SCGP) is designed to help seniors increase independence, reduce social isolation and create positive connections. It is being delivered alongside a suite of supports as Ontario marks [Seniors Month](#).

“Amid economic uncertainty and rising costs, Premier Ford and our government are proud to protect our seniors and ensure they have access to affordable and reliable community supports,” said Raymond Cho, Minister for Seniors and Accessibility. “The Seniors Community Grant Program is a critical lifeline in every corner of our province for seniors to learn new skills, get fit, enjoy group activities and stay connected to their neighbours and friends.”

SCGP recipients can receive up to \$25,000 to support local programs, services and events to provide seniors with opportunities for greater social inclusion, volunteerism and community engagement. This year’s investment includes an additional \$1 million, specifically for programs dedicated to improving the quality of life for senior veterans. Examples of active projects include:

- A cost-free, dedicated bus service connecting rural seniors to essential community programming in York Region.
- Pairing seniors with young adults living with developmental disabilities to collaborate on a series of art-making activities and an exhibit to showcase their artwork in Markham.
- Providing senior veterans with a series of weekly art workshops and exhibitions, led by a professional art therapist in eastern Ontario.
- Access to digital literacy and wellness workshops in underserved rural areas around northern Ontario.

Ontario is also expanding [Seniors Active Living Centres](#) (SALCs) to over 400 sites to increase access to services that connect seniors to activities and programs close to home. The centres promote wellness, encourage social interaction, and combat ageism to help seniors stay active, independent and engaged within their communities.

Finally, the government is supporting the over 100 Seniors Active Living Fairs expected to take place in 2025-26 which will provide more opportunities for seniors to learn about supports and resources in their community.

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#### Quick Facts

- See the full list of [2025-26 Seniors Community Grants](#).
  - To find a SALC near you, visit [this link](#).
  - Ontario's 2025-26 Budget increased funding for the Seniors Community Grant Program by an additional \$1 million, with special focus on supporting Ontario's veterans.
  - The number of seniors aged 65 and over is projected to increase significantly, from 2.8 million or 18.4 per cent of population in 2022, to 4.4 million, or 20.3 per cent by 2046.
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#### Additional Resources

- [A Guide to Programs and Services for Seniors](#)
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