

# Recreational Skating – Spring 2025

Regular Schedule for April 1 – June 30, 2025  
at the Komoka Wellness Centre, 1 Tunks Lane, Komoka

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## Recreational Skating

### Public Skating

**Sundays, 1:00 – 1:50 pm**

For all to enjoy! Pucks, hockey sticks or equipment on the ice surface is prohibited.

\$5.00 per person; \$4.00 for those 55+

*Free Sponsored Skate April 20, 1:00 – 1:50pm.*

### Adult Skate (18+)

**Mondays, 9:30 – 10:20 am**

**Wednesdays, 9:30 – 10:20 am**

For adults 18 years or older. Pucks, hockey sticks or equipment on the ice surface is prohibited.

\$5.00 per person; \$4.00 for those 55+

*→ Schedule Changes: Not available April 21 & May 19.*

### Adult & Preschool Skate

**Mondays, 10:30 – 11:20 am**

For children 6 years and under and their caregivers. Strollers and skate aids are permitted on the ice.

Children must be accompanied by an adult (18+).

Pucks, hockey sticks or equipment on the ice surface is prohibited.

Free-of-charge

*→ Schedule Changes: Not available April 21 & May 19.*

### PA Day Public Skate

**Friday April 11, 1:15 – 2:05 pm**

For all to enjoy! Pucks, hockey sticks or equipment on the ice surface is prohibited.

\$5.00 per person; \$4.00 for those 55+

*The Komoka Wellness Centre closes at 3:00pm on Easter Sunday (Apr. 20), and is closed on Good Friday (Apr. 18), Easter Monday (Apr 21), and Victoria Day (May 19).*

## Pick-Up Hockey (Shinny)

### Adult & Preschool Shinny

**Sundays, 11:00 – 11:50 am**

Provides an opportunity for parents to teach hockey skills to children 6 years old and under. No slap shots, wrist shots or any aggressive forms of play. Children must be accompanied by an adult (18+)

\$6 per person

*→ Schedule Changes: Not available April 20.*

### Adult & Child Shinny

**Sundays, 12:00 – 12:50 pm**

Provides an opportunity for parents to teach hockey skills to children 7 – 10 years. No slap shots, wrist shots or any aggressive forms of play. Children must be accompanied by an adult (18+)

\$6 per person

*→ Schedule Changes: Not available April 20.*

### Adult Shinny (18+)

**Wednesdays, 8:00 – 9:20 am**

Self-organized, non-contact hockey for adults 18 years or older. Full equipment is recommended.

\$6 per person

### 55+ Shinny

**Mondays, 8:00 – 9:20 am**

Self-organized, non-contact hockey for adults 55 years or older. Full equipment is recommended.

\$6 per person

*→ Schedule Changes: Not available April 21 & May 19.*

**Skates and CSA-approved helmets are required for all programs by all participants.  
See website for full public skating and shinny rules.**

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