

# Recreational Skating – Summer 2025

Regular Schedule for July 2 – August 31, 2025  
at the Komoka Wellness Centre, 1 Tunks Lane, Komoka

## Public Skating

### Public Skating

**Sundays, 2:00 - 2:50 pm**

For all to enjoy! Skate Aids, Pucks, hockey sticks or equipment on the ice surface is prohibited.  
\$5.00 per person; \$4.00 for those 55+

### Adult Skate (18+)

**Tuesdays & Thursdays 8:15 - 9:05 am**

For adults 18 years or older. Pucks, hockey sticks or equipment on the ice surface is prohibited.  
\$5.00 per person; \$4.00 for those 55+

→ **Schedule Changes:** Not available July 8, 10 and August 12.

## Pick-Up Hockey (Shinny)

### Adult & Child Shinny

**Sundays, 2:15 - 3:05 pm**

Drop-In. Provides an opportunity for parents to teach hockey skills to children 6 – 10 years. No slap shots, wrist shots or any aggressive forms of play. Children must be accompanied by an adult (18+). Max 40 participants.  
\$6 per person

→ **Schedule Changes:** August 24 to 12:00 - 12:50 pm.

### Adult & Preschool Shinny

**Sundays, 1:00 - 1:50 pm**

Provides an opportunity for parents to teach hockey skills to children 6 years old and under. No slap shots, wrist shots or any aggressive forms of play. Children must be accompanied by an adult (18+)  
\$6.00 per person

### 18+ Shinny (No Slap Shots)

**Wednesdays, 7:45 - 9:05 am**

Drop-In. Self-organized, non-contact hockey for adults 18+ years or older. No slap shots permitted. Full equipment is recommended.  
\$6.00 per person

### 55+ Shinny (No Slap Shots)

**Mondays, 7:45 - 9:05 am**

Drop-In. Self-organized, non-contact hockey for adults 55+ years or older. No slap shots permitted. Full equipment is recommended.  
\$6.00 per person

→ **Schedule Changes:** Not available August 4.

**Are you a frequent skater?** Purchase a multi-skate "punch card" in advance for discounted rates.

20 Senior Skates = \$72

20 Child/Adult Skates = \$90

Valid for public skating only; not valid for shinny.

**The Komoka Wellness Centre will be closed  
Canada Day, July 1, & Civic Holiday, August 4.**

**SKATES AND CSA-APPROVED HELMETS ARE REQUIRED FOR ALL PROGRAMS BY ALL PARTICIPANTS.**

Youth under 12 must be always supervised by an adult 18 years+.

Adults do not need to be on the ice but must be close to the ice surface as their youth is skating.

See website for full public skating rules.