

# Recreational Skating Winter 2026

**Komoka Wellness Centre** (1 Tunks Lane, Komoka) – Programs run Jan 5 to Mar 31

**Ilderton Arena** (13168 Ilderton Road, Ilderton) – Programs run Jan 5 to Mar 31

## Skating Programs

### Public Skating

For all to enjoy! Pucks, hockey sticks or equipment on the ice surface is prohibited.

**Thanks to local sponsors, the public skates listed below are free of charge!**

Skate Type	Day	Dates	Time	Location
Public Skate	Saturdays	Jan 10 to Mar 28	1:00 to 1:50 pm	Komoka Wellness Centre
Public Skate	Sundays	Jan 11 to Mar 29	12:30 to 1:20 pm	Ilderton Arena
PA Day Skate	Friday	Jan 30	1:00 to 1:50 pm	Ilderton Arena
PA Day Skate	Friday	Jan 30	1:15 to 2:05 pm	Komoka Wellness Centre
Sensory-Friendly Skate*	Tuesday	Feb 3	11:00 to 11:50am	Ilderton Arena
Sensory-Friendly Skate*	Friday	Feb 13	1:15 to 2:05pm	Komoka Wellness Centre
Family Day Skate	Monday	Feb 16	1:00 to 2:50pm	Ilderton Arena & Komoka Wellness Centre
March Break Skates	Daily, Monday to Friday	Mar 16 to 20	2:15 to 3:05pm	Komoka Wellness Centre
March Break Skates	Daily, Monday to Friday	Mar 16 to 20	1:00 to 1:50pm	Ilderton Arena

\* Sensory-Friendly Skates provide a calm environment for those with sensory sensitivities – no music, minimal noise, and fewer skaters. Registration is required ([middlesexcentre.ca/rec-programs](http://middlesexcentre.ca/rec-programs)).

### Adult & Preschool Skate

For children 6 years and under and their caregivers. Strollers and skate aids are permitted on the ice. Children must be accompanied by an adult (18+).

#### No Charge for Adult & Preschool Skate

Day	Dates	Cancellations	Time	Location
Wednesdays	Jan 7 to Mar 25	—	11:15 am to 12:05 pm	Komoka Wellness Centre
Thursdays	Jan 8 to Mar 26	—	11:00 to 11:50 am	Ilderton Arena

**Skates and CSA-approved helmets are required for all programs by all participants. Please see the website or ask for at the arenas for full public skating and shinny rules.**

## Adult Skate (18+)

For adults 18 years or older. Pucks, hockey sticks or equipment on the ice surface is prohibited.

**\$5.00 per person; \$4.00 for those 55+**

Day	Dates	Cancellations	Time	Location
Mondays	Jan 5 to Mar 30	Feb 16	10:30 to 11:20 am	Komoka Wellness Centre
Tuesdays	Jan 6 to Mar 31	—	10:00 to 10:50 am	Ilderton Arena
Wednesdays	Jan 7 to Mar 25	—	10:00 to 10:50 am	Komoka Wellness Centre
Fridays	Jan 9 to Mar 27	—	10:00 to 10:50 am	Ilderton Arena



## Pick-Up Hockey (Shinny) Programs

### Adult & Preschool Shinny

Provides an opportunity for parents to teach hockey skills to children 6 years old and under. No slap shots, wrist shots or any aggressive forms of play. Children must be accompanied by an adult (18+).

**\$6.00 per person**

Day	Dates	Cancellations	Time	Location
Mondays	Jan 5 to Mar 30	Feb 16	11:15 am to 12:05 pm	Komoka Wellness Centre
Wednesdays	Jan 7 to Mar 25	—	11:00 to 11:50 am	Ilderton Arena

### Adult & Child Shinny

Provides an opportunity for parents to teach hockey skills to children 7 to 10 years of age. No slap shots, wrist shots or any aggressive forms of play. Children must be accompanied by an adult (18+).

**\$6.00 per person**

Day	Dates	Cancellations	Time	Location
Thursdays	Jan 8 to Mar 26	—	4:00 to 4:50 pm	Ilderton Arena
Fridays	Jan 9 to Mar 27	—	4:00 to 4:50 pm	Komoka Wellness Centre

### Adult Shinny

Self-organized, non-contact hockey for adults 18 years or older. Full equipment is recommended.

**\$6.00 per person**

Day	Dates	Cancellations	Time	Location
Wednesdays	Jan 7 to Mar 25	—	8:15 to 9:35 am	Komoka Wellness Centre
Wednesdays	Jan 7 to Mar 25	—	8:30 to 9:50 am	Ilderton Arena

### 55+ Shinny

Self-organized, non-contact hockey for adults 55 years or older. Full equipment is recommended.

**\$6.00 per person**

Day	Dates	Cancellations	Time	Location
Mondays	Jan 8 to Mar 30	Feb 16	8:15 to 9:35 am	Komoka Wellness Centre

**Skates and CSA-approved helmets are required for all programs by all participants.  
Please see the website or ask for at the arenas for full public skating and shinny rules.**