

Recreational Skating – Spring 2026

Komoka Wellness Centre (1 Tunks Lane, Komoka)

Programs run April 1 to June 30, 2026

The Komoka Wellness Centre is closed on April 3, April 6 and May 18.

Skating Programs

Public Skating \$5.00 per person; \$4.00 for those 55+

For all to enjoy! Pucks, hockey sticks or equipment on the ice surface is prohibited.

Day	Dates	Cancellations	Time	Location
Sundays	Apr 5 to Jun 28	-	1:00 to 1:50 pm	Komoka Wellness Centre

Adult Skate \$5.00 per person; \$4.00 for those 55+

For adults 18 years or older. Pucks, hockey sticks or equipment on the ice surface is prohibited.

Day	Dates	Cancellations	Time	Location
Mondays	Apr 13 to Jun 29	May 18	9:30 to 10:20 am	Komoka Wellness Centre
Wednesdays	Apr 1 to Jun 24	-	9:30 to 10:20 am	Komoka Wellness Centre

Pick-Up Hockey (Shinny) Programs

Adult & Preschool Shinny \$6.00 per person

Hockey skills practice for children 6 years old and under. Children must be accompanied by an adult.

Day	Dates	Cancellations	Time	Location
Sundays	Apr 5 to Jun 28	-	11:00 to 11:50 am	Komoka Wellness Centre

Adult & Child Shinny \$6.00 per person

Hockey skills practice for children 7 to 10 years of age. Children must be accompanied by an adult.

Day	Dates	Cancellations	Time	Location
Sundays	Apr 5 to Jun 28	-	12:00 to 12:50 pm	Komoka Wellness Centre

Adult Shinny \$6.00 per person

Self-organized, non-contact hockey for adults 18 years or older. Full equipment is recommended.

Day	Dates	Cancellations	Time	Location
Wednesdays	Apr 1 to Jun 24	-	7:45 to 9:05 am	Komoka Wellness Centre

55+ Shinny \$6.00 per person

Self-organized, non-contact hockey for adults 55 years or older. Full equipment is recommended.

Day	Dates	Cancellations	Time	Location
Mondays	Apr 13 to Jun 29	May 18	7:45 to 9:05 am	Komoka Wellness Centre

Skates and CSA-approved helmets are required for all programs by all participants. Please see the website or ask for at the arenas for full public skating and shinny rules.

Recreational Skating – Summer 2026

Komoka Wellness Centre (1 Tunks Lane, Komoka)

Programs run July 2 to August 31, 2026

The Komoka Wellness Centre is closed on July 1 and August 3.

Skating Programs

Public Skating \$5.00 per person; \$4.00 for those 55+

For all to enjoy! Pucks, hockey sticks or equipment on the ice surface is prohibited.

Day	Dates	Cancellations	Time	Location
Sundays	Jul 5 to Aug 30	-	1:00 to 1:50 pm	Komoka Wellness Centre

Adult Skate \$5.00 per person; \$4.00 for those 55+

For adults 18 years or older. Pucks, hockey sticks or equipment on the ice surface is prohibited.

Day	Dates	Cancellations	Time	Location
Tuesdays	Jul 7 to Aug 25	-	8:15 to 9:05 am	Komoka Wellness Centre
Thursdays	Jul 2 to Aug 27	-	8:15 to 9:05 am	Komoka Wellness Centre

Pick-Up Hockey (Shinny) Programs

Adult & Preschool Shinny \$6.00 per person

Hockey skills practice for children 6 years old and under. Children must be accompanied by an adult.

Day	Dates	Cancellations	Time	Location
Sundays	Jul 5 to Aug 30	-	11:00 to 11:50 am	Komoka Wellness Centre

Adult & Child Shinny \$6.00 per person

Hockey skills practice for children 7 to 10 years of age. Children must be accompanied by an adult.

Day	Dates	Cancellations	Time	Location
Sundays	Jul 5 to Aug 30	-	12:00 to 12:50 pm	Komoka Wellness Centre

Adult Shinny \$6.00 per person

Self-organized, non-contact hockey for adults 18 years or older. Full equipment is recommended.

Day	Dates	Cancellations	Time	Location
Saturdays	Jul 4 to Aug 29	-	10:15 to 11:45 am	Komoka Wellness Centre

Thanks for skating with us! Our full schedule of drop-in skating and shinny will return in the fall.

NEW! Starting in May, you have the option to pre-book and pay for drop-in skating and shinny using our online booking system at middlesexcentre.ca/rec-programs.

Skates and CSA-approved helmets are required for all programs by all participants. Please see the website or ask for at the arenas for full public skating and shinny rules.