

# Recreational Skating – Spring 2024

Regular Schedule for April 2 – June 30, 2024  
at the Komoka Wellness Centre, 1 Tunks Lane, Komoka

## Recreational Skating

### Public Skating

**Sundays, 1:00 – 1:50 pm**

For all to enjoy! Pucks, hockey sticks or equipment on the ice surface is prohibited.

\$5.00 per person; \$4.00 for those 55+

→ *Schedule Changes: Not available April 14.*

### Adult Skate (18+)

**Mondays, 9:30 – 10:20 am**

**Wednesdays, 9:30 – 10:20 am**

For adults 18 years or older. Pucks, hockey sticks or equipment on the ice surface is prohibited.

\$5.00 per person; \$4.00 for those 55+

→ *Schedule Changes: Not available April 1 or May 20.*

### Adult & Preschool Skate

**Mondays, 10:30 – 11:20 am**

For children 6 years and under and their caregivers.

Strollers and skate aids are permitted on the ice.

Children must be accompanied by an adult (18+).

Pucks, hockey sticks or equipment on the ice surface is prohibited.

Free-of-charge

→ *Schedule Changes: Not available April 1 or May 20*

### PA Day Public Skate

**Monday April 8, 12:15 – 1:05pm**

For all to enjoy! Pucks, hockey sticks or equipment on the ice surface is prohibited.

\$5.00 per person; \$4.00 for those 55+

*The Komoka Wellness Centre closes at 3:00pm on Easter Sunday (Mar. 30), and is closed on Good Friday (Mar. 29), Easter Monday (Apr 1), and Victoria Day (May 20).*

## Pick-Up Hockey (Shinny)

### Adult & Preschool Shinny

**Sundays, 11:00 – 11:50 am**

Provides an opportunity for parents to teach hockey skills to children 6 years old and under. No slap shots, wrist shots or any aggressive forms of play. Children must be accompanied by an adult (18+)

\$6 per person

→ *Schedule Changes: Not available April 7 or 14.*

### Adult & Child Shinny

**Sundays, 12:00 – 12:50 pm**

Provides an opportunity for parents to teach hockey skills to children 7 – 10 years. No slap shots, wrist shots or any aggressive forms of play. Children must be accompanied by an adult (18+)

\$6 per person

→ *Schedule Changes: Not available April 14.*

### Adult Shinny (18+)

**Wednesdays, 8:00 – 9:20 am**

Self-organized, non-contact hockey for adults 18 years or older. Full equipment is recommended.

\$6 per person

### 55+ Shinny

**Mondays, 8:00 – 9:20 am**

Self-organized, non-contact hockey for adults 55 years or older. Full equipment is recommended.

\$6 per person

→ *Schedule Changes: Not available April 1 or May 20*

**Skates and CSA-approved helmets are required for all programs by all participants.**  
**See website for full public skating and shinny rules.**